

# Calcium Dysregulation, IP<sub>3</sub> Signaling, and Alzheimer's Disease

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Ca<sup>2+</sup> ions subserve complex signaling roles in neurons, regulating functions ranging from gene transcription to modulation of membrane excitability. Ca<sup>2+</sup> ions enter the cytosol from extracellular sources, such as entry through voltage-gated channels, and by liberation from intracellular endoplasmic reticulum (ER) stores through inositol triphosphate (IP<sub>3</sub>) receptors and/or ryanodine (RyR) receptors. Disruptions of intracellular Ca<sup>2+</sup> signaling are proposed to underlie the pathophysiology of Alzheimer's disease (AD), and recent studies examining AD-linked mutations in the presenilin genes demonstrate enhanced ER Ca<sup>2+</sup> release in a variety of cell types and model systems. The development of transgenic AD mouse models provides a means to study the mechanisms and downstream effects of neuronal ER Ca<sup>2+</sup>-signaling alterations on AD pathogenesis and offers insight into potential novel therapeutic strategies. The author discusses recent findings in both the physiological functioning of the IP<sub>3</sub>-signaling pathway in neurons and the involvement of ER-Ca<sup>2+</sup> disruptions in the pathogenesis of AD. *NEUROSCIENTIST* 11(2):110–115, 2005. DOI: 10.1177/1073858404270899

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Alzheimer's disease (AD) is a devastating and always fatal neurodegenerative disease that slowly and perniciously destroys neurons and cognitive abilities. Although a variety of drug treatments can delay or temporarily reduce the severity of the disease, there is still no cure or long-term effective treatment. AD can be divided into two categories; the most common is termed *sporadic*, with a relatively late onset (70+ years), moderate to extreme severity, and no known origin or cause for onset. Definitive diagnosis is made through postmortem findings of diffuse  $\beta$  amyloid plaques (A $\beta$  plaques), neurofibrillary tangles, and neuronal cell loss in brain tissue. With inherited familial AD (FAD), the pattern of cognitive decline and histopathological markers are essentially the same as the sporadic form but differ considerably in that the age of onset is markedly younger (as early as 30 years) and the progression of symptoms is more aggressive. FAD is tightly linked to mutations in a select set of genes, namely, the *presenilin 1* and *2* (*PS1*, *PS2*) and *APP* genes. Although the exact mechanistic link between expression of the mutant genes and onset of AD is not yet known, it is clear that expression of the mutation will lead to onset of FAD (for reviews, see Rossor and others 1996; LaFerla 2002).

The hallmark features of AD, accumulation of A $\beta$  plaques, neurofibrillary tangles, and neuronal cell loss, are often used as diagnostic markers in conjunction with severe cognitive decline. The accumulation of intra- and extracellular A $\beta$  plaques results from the aberrant proteolysis of the amyloid precursor protein (APP) by enzymatic activity of  $\gamma$  secretase, of which the presenilin protein is an integral constituent. Hyperphosphorylated tau forms the primary component of the intracellular neurofibrillary tangles found in neurites in AD brains. And selective neuronal loss is integral to the disease and is concentrated in brain regions associated with cognition and memory such as the frontal cortex and hippocampus. Much attention has focused on A $\beta$  as a trigger for AD, but accumulating evidence points to disruptions in neuronal Ca<sup>2+</sup> signaling as a consistent progenitor of AD, occurring prior to the development of the histopathological markers and cognitive decline. Whether the early Ca<sup>2+</sup> dysregulation is a cause, effect, or an independent parallel track of AD is still being debated. At the very least, enhanced endoplasmic reticulum (ER) Ca<sup>2+</sup> is believed to exacerbate A $\beta$  and tau formation and alter synaptic signaling and neuronal membrane excitability (Mattson, Lovell, and others 1993; Mattson, Tomaselli, and others 1993; Oddo and others 2003; Stutzmann and others 2004a).

## Neuronal Ca<sup>2+</sup>-Signaling Pathways

Many neuronal functions depend on intracellular Ca<sup>2+</sup> signals that are precisely regulated in space, time, and magnitude. Maintenance of these Ca<sup>2+</sup> dynamics is critical for proper neuronal activity: Insufficient levels lead

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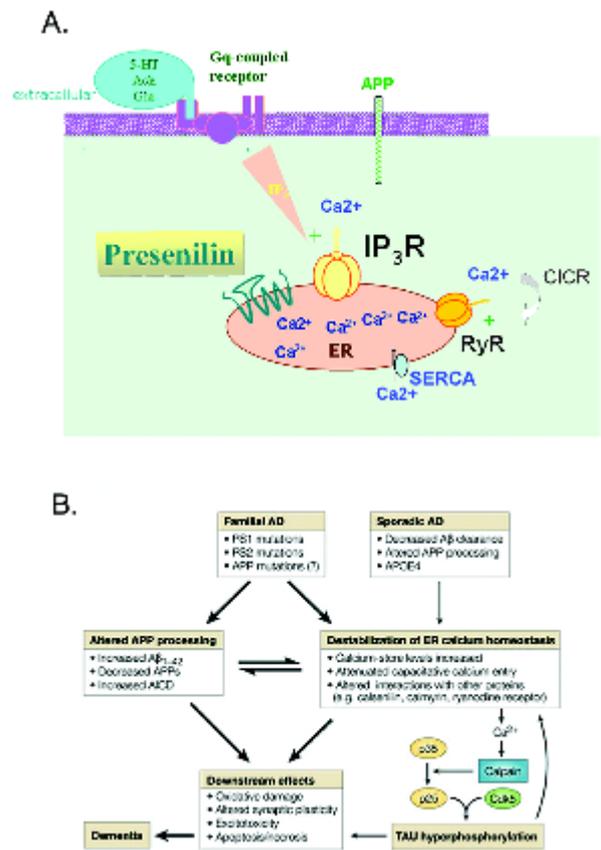
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to impaired functioning, whereas excessive cytosolic  $\text{Ca}^{2+}$  levels cause cell death (Berridge 1998). The resting cytosolic  $\text{Ca}^{2+}$  concentration in neurons, as in other cells, is maintained very low but can be elevated by  $\text{Ca}^{2+}$  ions arising from two major sources: extracellular  $\text{Ca}^{2+}$  ions entering the cell through voltage-, receptor-, or store-operated channels on the plasma membrane and liberation of  $\text{Ca}^{2+}$  ions sequestered in the ER.

Liberation of  $\text{Ca}^{2+}$  from intracellular stores occurs through two channels in the ER membrane: the inositol trisphosphate receptor ( $\text{IP}_3\text{R}$ ), which is activated by the second messenger  $\text{IP}_3$ , and the ryanodine receptor ( $\text{RyR}$ ), which is activated by cytosolic  $\text{Ca}^{2+}$ .  $\text{IP}_3$  is generated via agonist stimulation of Gq-coupled receptors found on the plasma membrane (e.g.,  $5\text{HT}_{2A}$ ,  $\text{mGluR}_{1,5}$  receptor subtypes) and diffuses from the plasma membrane to its receptor on the ER. In addition to  $\text{IP}_3$ ,  $\text{Ca}^{2+}$  also serves as a biphasic modulator of  $\text{IP}_3$ -mediated  $\text{Ca}^{2+}$  release from the ER, potentiating channel opening at low  $[\text{Ca}^{2+}]$  and suppressing it higher  $[\text{Ca}^{2+}]$ . Both  $\text{IP}_3\text{R}$  and  $\text{RyR}$  can thus be considered as  $\text{Ca}^{2+}$ -gated channels, mediating a regenerative process of  $\text{Ca}^{2+}$ -induced  $\text{Ca}^{2+}$  release (CICR) but with the important exception that the  $\text{IP}_3\text{R}$  has an obligate requirement for  $\text{IP}_3$  (Fig. 1). In neurons, it is not clear if the  $\text{IP}_3\text{R}$  and  $\text{RyR}$  release  $\text{Ca}^{2+}$  from the same or different ER pools, and depending on cell type, subcellular region, and brain region, the distributions of these two receptors may overlap or be distinct. For example,  $\text{IP}_3\text{R}$  and  $\text{IP}_3$ -evoked  $\text{Ca}^{2+}$  signals are predominantly localized in the soma and proximal dendrites of cortical and hippocampal neurons (Sharp and others 1993; Nakamura and others 1999; Stutzmann and others 2003a), whereas  $\text{RyR}$ -mediated signals are more pronounced in dendritic spines and presynaptic terminals. (Padua and others 1996; Rose and Konnerth 2001, for review).

At rest, the concentration of free  $\text{Ca}^{2+}$  in the ER lumen is thought to be several hundred  $\mu\text{M}$  (~250  $\mu\text{M}$ ; Meldolesi and Pozzan 1998; Corbett and Michalak 2000), a thousand times or more greater than the resting cytosolic level. This enormous concentration gradient is maintained by SERCA (sarco-endoplasmic reticulum  $\text{Ca}^{2+}$  ATPase) pumps that actively transport  $\text{Ca}^{2+}$  into the ER from the cytoplasm, thereby recycling previously liberated  $\text{Ca}^{2+}$  and assisting in the clearance of excess  $\text{Ca}^{2+}$  entering across the plasma membrane. The SERCA pumps are sensitive to cytosolic and ER  $\text{Ca}^{2+}$  levels and “turn on” in the excess of the former or insufficiency in the latter. Moreover, the ER contains a special set of  $\text{Ca}^{2+}$  buffers, such as calreticulin, calsequestrin, and calnexin, that help determine and stabilize the free  $\text{Ca}^{2+}$  level in the ER and determine the total amount of releasable  $\text{Ca}^{2+}$  (Corbett and Michalak 2000).

Because the ER can function rather independently and maintains its own level of homeostasis, it has thus been christened a “neuron within a neuron” (Berridge and others 1998). It forms a continuous network extending from the nuclear envelope throughout axons and dendrites and even protruding into dendritic spine heads (Verkhratsky 2002). The  $\text{Ca}^{2+}$  residing within the ER



**Fig. 1.** Endoplasmic reticulum (ER)  $\text{Ca}^{2+}$  signaling pathways and links to Alzheimer's disease (AD) pathogenesis. **A**, Schematic overview of ER signaling pathways in neurons. Gq-coupled receptors on the plasma membrane transduce a neurotransmitter signal into production of the second messenger inositol trisphosphate ( $\text{IP}_3$ ), which binds to  $\text{IP}_3$  receptors on the ER causing release of  $\text{Ca}^{2+}$  from ER stores. Ryanodine receptors ( $\text{RyR}$ ), also found in the ER membrane, are stimulated to release further  $\text{Ca}^{2+}$  by  $\text{Ca}^{2+}$  itself, a process termed  $\text{Ca}^{2+}$ -induced  $\text{Ca}^{2+}$  release (CICR). SERCA pumps use ATP to pump  $\text{Ca}^{2+}$  back into the ER against its concentration gradient. In addition, presenilin, a transmembrane protein also located in the ER, serves proteolytic functions including cleavage amyloid precursor protein (APP) into  $\text{A}\beta$  fragments. Its proximity to the  $\text{IP}_3\text{R}$ ,  $\text{RyR}$ , and SERCA, together with evidence functionally linking it to AD  $\text{Ca}^{2+}$  dysregulation, makes presenilin a strong candidate for involvement in the early pathogenesis of AD. **B**, Relationships between ER  $\text{Ca}^{2+}$  dysregulation and AD pathology. The diagram outlines the possible contributors to and downstream effects of dysregulated intracellular  $\text{Ca}^{2+}$  signaling and its role in sporadic and familial AD pathology.

serves many functions, including initiation of gene transcription (Mellstrom and Naranjo 2001), activation of  $\text{Ca}^{2+}$ -sensitive membrane currents (Yamamoto and others 2002; Stutzmann and others 2003a, 2003b), and modulation of synaptic inputs and plasticity (Nakamura and others 1999; Fujii and others 2000; Nishiyama and others 2000). Although proper functioning of these  $\text{Ca}^{2+}$ -dependent processes is critical for neuronal viability and synaptic functioning, disruption of  $\text{Ca}^{2+}$  signaling has been linked to the development of several neuropathologies and degenerative diseases (Mattson and others

2000; Missiaen and others 2000; LaFerla 2002). Here we will discuss the recent data that pertain to dysregulations in intracellular  $\text{Ca}^{2+}$  signaling, and the neurogenesis of AD.

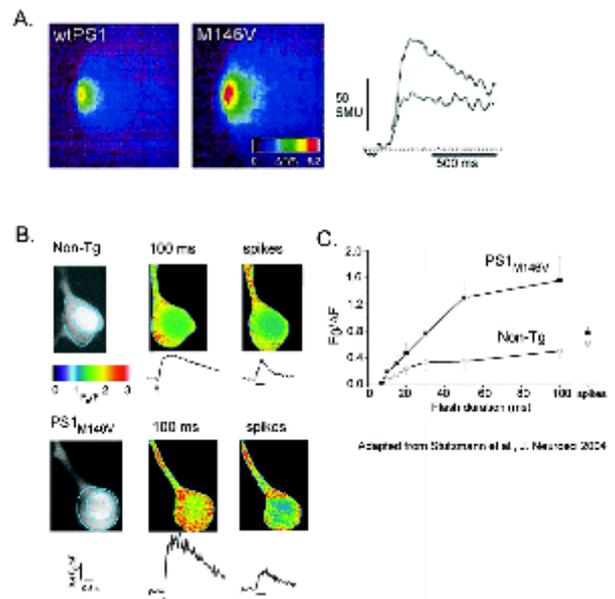
### AD and the $\text{Ca}^{2+}$ Hypothesis of AD

The  $\text{Ca}^{2+}$  hypothesis of AD was first introduced by Khachaturian (1994), who proposed that sustained and accumulated alterations in  $\text{Ca}^{2+}$  homeostasis are a proximal cause in neurodegenerative diseases such as AD. At that time, there was little supporting evidence, but several subsequent studies now reinforce the validity of the  $\text{Ca}^{2+}$  hypothesis (for reviews, see Mattson and others 2000; LaFerla 2002). The earliest studies were conducted on fibroblasts taken from familial AD patients and demonstrated enhanced ER  $\text{Ca}^{2+}$  release upon agonist stimulation of  $\text{IP}_3$  receptors. Interestingly, this was also observed in cells obtained from presymptomatic family members who were subsequently shown to express *PS1* and develop AD mutations (Ito and others 1994; Etcheberrigaray and others 1998). These studies were important in demonstrating functional alterations in ER  $\text{Ca}^{2+}$  signaling in both sporadic and familial cases of AD and in showing that  $\text{Ca}^{2+}$  disruptions long precede the classical markers of AD.

### AD Mutations and Intracellular $\text{Ca}^{2+}$ Signaling

There are several mutations within the *PS1*, *PS2*, and *APP* genes that are linked to AD, and all of the mutations studied to date have been linked to alterations in ER  $\text{Ca}^{2+}$  signaling (see LaFerla 2002, for review). Because the majority of AD-linked mutations are in *PS1*, this gene will be predominantly focused on in this review. Several preliminary studies were critical in formulating the link between *PS* mutations,  $\text{Ca}^{2+}$  dysregulation, and AD, and they set the groundwork for a series of more detailed investigations. The early expression studies of mutant *PS* in nonneuronal cell lines demonstrated an up-regulation of  $\text{Ca}^{2+}$  responses mediated by  $\text{IP}_3$ -linked cell surface receptors and an increased sensitivity to apoptosis (Guo and others 1996; Leissring and others 2000). Additional studies have demonstrated a similar up-regulation of second-messenger-mediated  $\text{Ca}^{2+}$  signaling in neurons, the primary cell type affected in AD, together with increased vulnerability to excitotoxicity and oxidative stress (Guo and others 1997, 1999). Subsequent expression studies in *Xenopus laevis* oocytes then narrowed down the site of action by using photolysis of caged  $\text{IP}_3$  to directly activate ER- $\text{Ca}^{2+}$  release and bypass upstream events in the phosphoinositide-signaling pathway. Using this model cell system, overexpression of either mutant *PS1* or *PS2* was found to increase the magnitude of elementary  $\text{Ca}^{2+}$  release events (“puffs”) and to enhance  $\text{Ca}^{2+}$  activated currents through the plasma membrane (Leissring, Paul, and others 1999; Leissring, Parker, and others 1999; Leissring and others 2001).

Analogous experiments in cortical neurons using whole-cell patch clamp and rapid  $\text{Ca}^{2+}$  imaging in brain



**Fig. 2.** Effects of *PS1* mutations on inositol triphosphate ( $\text{IP}_3$ )- and voltage-mediated  $\text{Ca}^{2+}$  signals. *A*, Expression of mutant *PS* ( $PS1_{M146V}$ ) in *Xenopus* oocytes results in greatly enhanced local  $\text{Ca}^{2+}$  signals (“puffs”) evoked by flash photolysis of caged  $\text{IP}_3$  (left). Traces on the right show the corresponding amounts of total  $\text{Ca}^{2+}$  liberation (signal mass), revealing a twofold increase with expression of mutant *PS1* as compared to wild-type *PS1*. Reproduced with permission from Leissring and others (2001). *B*,  $\text{Ca}^{2+}$ -dependent fluorescence signals in cortical pyramidal neurons in a brain slice preparation following photorelease of  $\text{IP}_3$  (left panels) and activation of trains of action potentials by injection of depolarizing current (right). Traces show the kinetics of  $\text{Ca}^{2+}$  signals measured from the cell soma.  $\text{IP}_3$ -evoked  $\text{Ca}^{2+}$  signals were greater in the  $PS1_{M146V}$  mice (bottom) than in non-transgenic controls (top), but no appreciable differences were apparent in  $\text{Ca}^{2+}$  entry through voltage-gated  $\text{Ca}^{2+}$  channels during action potentials. *C*, Mean peak amplitude of  $\text{Ca}^{2+}$ -fluorescence signals from the soma measured from non-tg (open circles) and  $PS1_{M146V}$  neurons (filled squares) and plotted as a function of flash duration. Amplitudes of  $\text{Ca}^{2+}$  signals evoked by trains of action potentials are shown at the right. Reproduced with permission from Stutzmann and others (2004a).

slices from mutant *PS1* knock-in mice also demonstrated a marked (~threefold) exaggeration of ER  $\text{Ca}^{2+}$  liberation by photoreleased  $\text{IP}_3$  and accompanying enhancement of  $\text{Ca}^{2+}$ -evoked outward membrane currents (Stutzmann and others 2003b, 2004). In contrast,  $\text{Ca}^{2+}$  signals evoked by entry of extracellular  $\text{Ca}^{2+}$  through voltage-gated channels were largely unchanged in these mice, indicating that the effects of  $PS1_{M146V}$  mutations are relatively specific to intracellular  $\text{Ca}^{2+}$  liberation (Fig. 2).

How relevant are these findings to the pathophysiology of AD $\beta$  Fibroblasts and *Xenopus* oocytes do not develop AD, and the *PS1* mutant mice fail to show the characteristic histopathological markers of AD. Recently, studies have used a novel triple transgenic mouse model (3Tg; Oddo and others 2003) expressing mutant  $PS1_{M146V}$ , *APP<sup>swe</sup>*, and *tau*, in which the animals develop plaques and neurofibrillary tangles in an age- and region-specific manner.  $\text{IP}_3$ -evoked  $\text{Ca}^{2+}$  signals were

found to be enhanced to an extent similar to that in mice expressing the *PS1* mutant alone. Interestingly,  $\text{Ca}^{2+}$  signaling was already disrupted at 4 to 6 weeks of age, preceding the appearance of plaques and tangles by several months (Stutzmann and others 2004b; Oddo and others 2003).

### How Do AD Mutations Disrupt $\text{IP}_3$ -Mediated $\text{Ca}^{2+}$ Signaling?

We do not yet know the physiological function(s) of PS or how AD-linked mutations disrupt  $\text{Ca}^{2+}$  signals. However, when attempting to compile the existing evidence, some good starting points to consider are that 1) the presenilin proteins localize in the ER membrane, 2) they interact with several  $\text{Ca}^{2+}$ -regulating ER proteins such as RyR and calsenilin (Chan and others 2000; Mattson and others 2000), and 3) overexpression of the wild-type forms enhance  $\text{IP}_3$ -evoked  $\text{Ca}^{2+}$  liberation, although to a lesser extent than the mutants. Thus, one obvious possibility is that PS regulates the levels of an ER- $\text{Ca}^{2+}$  signaling protein, such as the  $\text{IP}_3\text{R}$ , SERCA, RyR, or luminal  $\text{Ca}^{2+}$  buffers. However, baseline levels of these proteins are unchanged in the cortex of 4- to 8-week-old *PS1* mutant mice, despite the marked enhancement of  $\text{IP}_3$ -evoked  $\text{Ca}^{2+}$  signals at this time point (Stutzmann and others 2004). Moreover, an increase in the sensitivity of the  $\text{IP}_3\text{R}$  is unlikely to be involved because  $\text{IP}_3$  dose-response curves in both the PS1 and 3-Tg mice do not show a simple rightward shift, indicating that a straightforward change in receptor affinity is not likely (Stutzmann and others 2004a). On the other hand, *PS1* mutations have been shown to increase levels of the RyR in cultured hippocampal neurons from embryonic mice (Chan and others 2000), which suggests that brain regions with different cellular machinery, and/or cells at different developmental stages, may have variable responses to PS mutations.

Instead, the available evidence suggests a mechanism involving overfilling of ER  $\text{Ca}^{2+}$  stores. In particular, liberation of ER  $\text{Ca}^{2+}$ , independent of  $\text{IP}_3\text{R}$  activation, by caffeine activation of RyR or blocking SERCA pumps with CPA or thapsigargin, is also enhanced by PS mutations (Chan and others 2000; Leissring and others 2000). Thus, enhanced intracellular  $\text{Ca}^{2+}$  release may not be a mechanism specific to the  $\text{IP}_3\text{R}$  but rather reflects an increased ER  $\text{Ca}^{2+}$  load. How this occurs is also not clear, but one possibility is an increase in the activity of the SERCA pump, whereby the increased flux leads to accelerated and possibly increased  $\text{Ca}^{2+}$  entry into the ER.

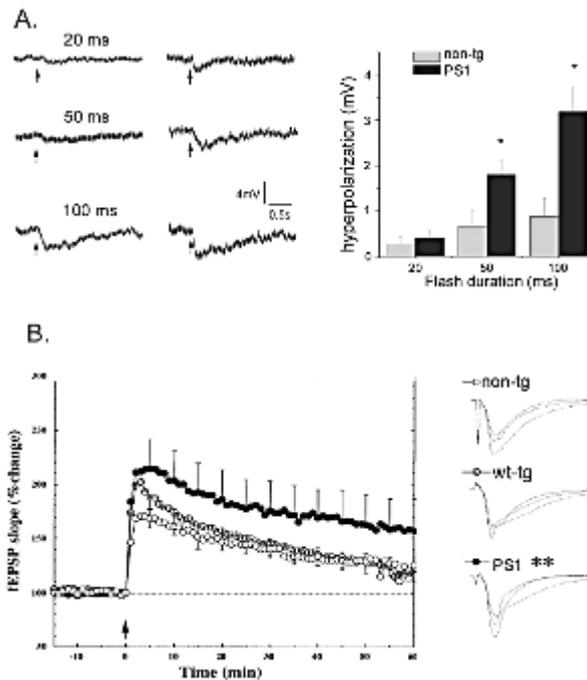
An alternative, but not mutually exclusive, explanation is an increased contribution of the Ry-sensitive stores in response to  $\text{IP}_3$ -evoked  $\text{Ca}^{2+}$  release via a CICR mechanism. Evidence for this is demonstrated by blocking the RyR with dantrolene or ryanodine, which results in a return of the exaggerated  $\text{Ca}^{2+}$  signal back to levels observed in controls (Chan and others 2000; Stutzmann and others 2003b; Stutzmann and others 2004b).

### How Do $\text{Ca}^{2+}$ Signaling Disruptions Contribute to AD Pathology?

The ER functions as more than a  $\text{Ca}^{2+}$  store: It is also involved in the synthesis and processing of newly formed membrane proteins and in protein release mechanisms responding to cellular stress. Therefore, alterations in ER- $\text{Ca}^{2+}$  signaling can exert a wide array of downstream consequences for neuronal physiology, ranging from altering transcription factors to impairments in synaptic plasticity thought to underlie learning and memory (for reviews, see Rose and Konnerth 2001; Verkhratsky 2002).

Alterations in ER  $\text{Ca}^{2+}$  signals can interfere with the unfolded protein response (UPR), which is necessary for halting the initiation phase of protein synthesis, resulting in increased protein load and further stress in the ER. In addition, critical proteins that normally play a role in maintaining ER  $\text{Ca}^{2+}$  levels may be altered due to disrupted sensors of the UPR, such as with the reduced levels of grp78 reported in AD brains or the antiapoptotic bcl-2 protein (Katayama and others 1999; Yasuda and others 2002). Altered  $\text{Ca}^{2+}$  regulation is also thought to interfere with the normal proteolytic processing of APP, resulting in increased levels of the toxic  $\text{A}\beta_{42}$  fragments and increase hyperphosphorylated  $\tau$  (Querfurth and Selkoe 1994). Enhanced  $\text{Ca}^{2+}$  release from the ER can also sensitize neurons to subsequent stress by increasing phospholipase C activity (Cedazo-Minguez and others 2002) or cell death by up-regulating  $\text{Ca}^{2+}$ -activated proteins involved in apoptotic cascades such as caspase-12 and m-calpain (Guo and others 1999; Nakagawa and others 2000).

Neuronal activity and plasticity can also be affected by altered ER  $\text{Ca}^{2+}$  levels. PS1 mutations can enhance an existing  $\text{Ca}^{2+}$ -activated hyperpolarizing current that further reduces spiking frequency. The exaggerated  $\text{IP}_3$ -evoked  $\text{Ca}^{2+}$  release increases the amplitude of a  $\text{Ca}^{2+}$ -activated hyperpolarizing current that further suppresses membrane excitability, possibly resulting in altering coincidence detection and local circuit activity by increasing the threshold to spike activation (Fig. 3). Analogous findings describe an increase in the medium and late after-hyperpolarization in CA3 pyramidal neurons, which is mediated by  $\text{Ca}^{2+}$ -sensitive  $\text{K}^+$  currents (Barrow and others 2000; Stutzmann and others 2003a, 2004a). In some neurons, the ER extends into the dendrites and dendritic spine heads, placing  $\text{IP}_3$ -evoked  $\text{Ca}^{2+}$  release in a prime location to modulate synaptic plasticity by increasing local  $\text{Ca}^{2+}$  transients in synchrony with  $\text{Ca}^{2+}$  entry through voltage-gated channels. This combination of  $\text{Ca}^{2+}$  sources is a very influential mechanism mediating synaptic plasticity because activation of  $\text{IP}_3$ -sensitive stores has the ability to switch LTP to LTD by liberation of local ER  $\text{Ca}^{2+}$  stores (Fujii and others 2000). In AD models, alteration of intracellular  $\text{Ca}^{2+}$  stores can affect synaptic plasticity in other ways. For example, there are several transgenic mouse models of AD



**Fig. 3.** PS1 mutations alter membrane excitability and synaptic plasticity. *A*, Inositol triphosphate (IP<sub>3</sub>)-evoked membrane hyperpolarization is enhanced in mutant PS1 neurons. Traces show representative records of membrane potential changes in a non-tg neuron (*left*) and a mutant PS1 neuron (*right*) in response to photorelease of IP<sub>3</sub> by light flashes with durations as indicated in milliseconds. Bar graph shows average IP<sub>3</sub>-evoked hyperpolarizations evoked by these photolysis flashes, pooled from non-tg (gray bars) and mutant PS1 neurons (black bars). Reproduced with permission from Stutzmann and others (2004a). *B*, Field potential recordings in hippocampal slices from control (*open circles and crossed circles*) and PS1 mutant mice (*filled circles*) show enhanced LTP in the mutant mice. Reproduced with permission from Parent and others (1999).

expressing mutant *PS1* that demonstrate enhanced LTP at hippocampal synapses (Parent and others 1999; Barrow and others 2000; Zaman and others 2000; Oddo and others 2003). In addition, basal synaptic transmission and paired pulse facilitation (which is dependent on presynaptic Ca<sup>2+</sup>) are typically unaffected, which likely reflects a postsynaptic enhancement of Ca<sup>2+</sup> signaling. This synaptic dysfunction may be related to the cognitive deficits in AD, as well as the pattern of overall cell death.

### Ca<sup>2+</sup>-Signaling Pathways as Potential Targets for Therapeutic Intervention

Given the early and ubiquitous involvement of Ca<sup>2+</sup> dysregulation in AD pathogenesis, it presents a logical target for therapeutic interventions. However, a difficulty with such a strategy will be to isolate and appropriately modify the correct pathways, given the universal importance of Ca<sup>2+</sup> for a multitude of functions in neurons and virtually all other cells in the body. Nevertheless, sever-

al clinical studies have used specific Ca<sup>2+</sup> channel blockers with modest results. For example, nimodipine, a voltage-gated L-type Ca<sup>2+</sup> channel blocker, and memantine, a noncompetitive NMDA receptor antagonist, provided modest symptomatic relief to AD patients (Winblad and Portis 1999; Lopez-Arrieta and Birks 2002). But these treatments target plasma-membrane Ca<sup>2+</sup> channels rather than the process of intracellular Ca<sup>2+</sup> liberation that appears to be the principal locus of Ca<sup>2+</sup> disruption in AD. Improved strategies may include either reversing the exaggerated Ca<sup>2+</sup> signals (e.g., by reducing intracellular Ca<sup>2+</sup> release through RyR with dantrolene or using lithium to slow IP<sub>3</sub> turnover) or mitigating the deleterious downstream consequences of elevated Ca<sup>2+</sup> levels (e.g., by enhancing levels of Bcl-2 levels or grp-78). On an optimistic note, it is likely that more specific strategies will become apparent as we learn more of the molecular mechanisms linking Ca<sup>2+</sup> homeostasis to AD pathology.

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